

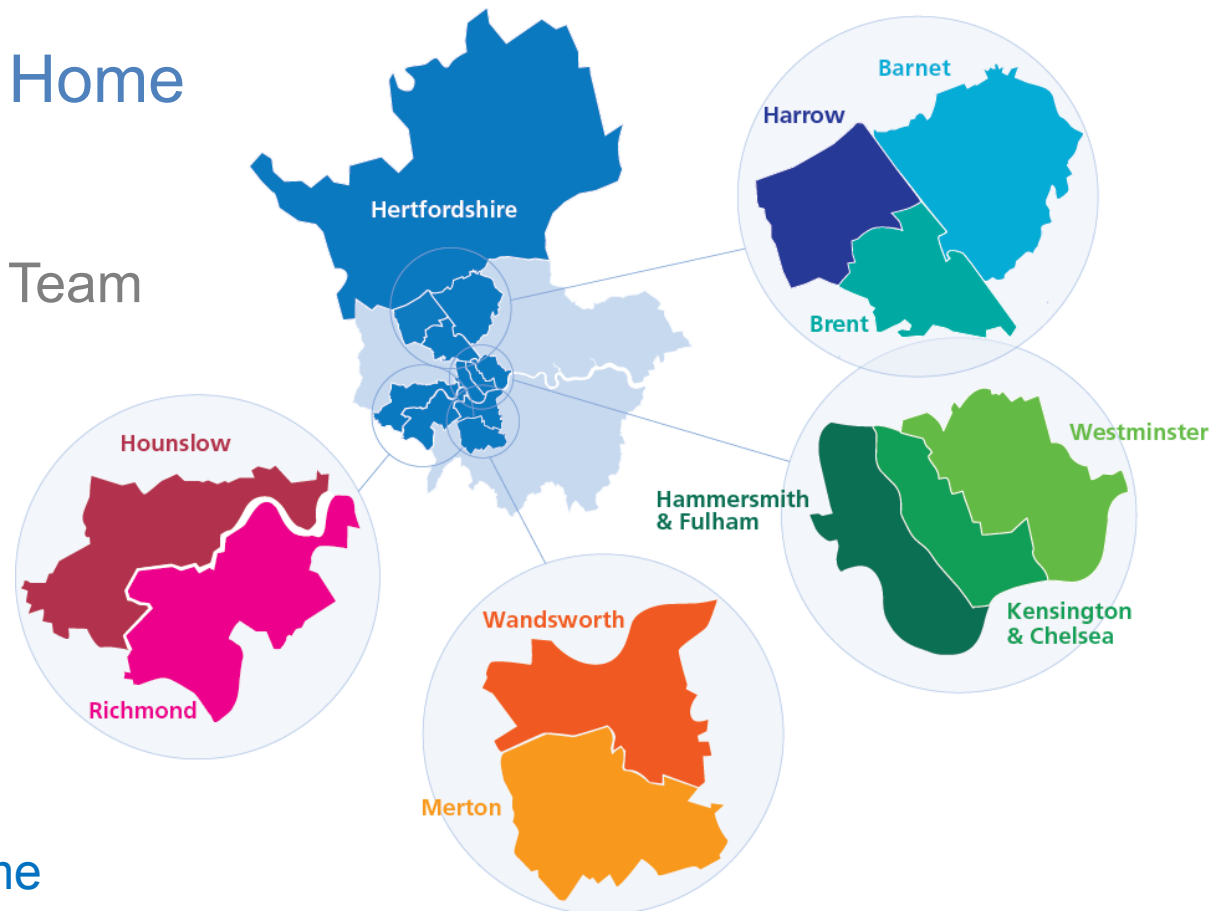


**Central London
Community Healthcare**
NHS Trust

Back to Base

Providing Specialist
Neurorehabilitation at Home

Alexandra Henson, SLT & Team
Lead



Your healthcare closer to home

Commissioning Rationales

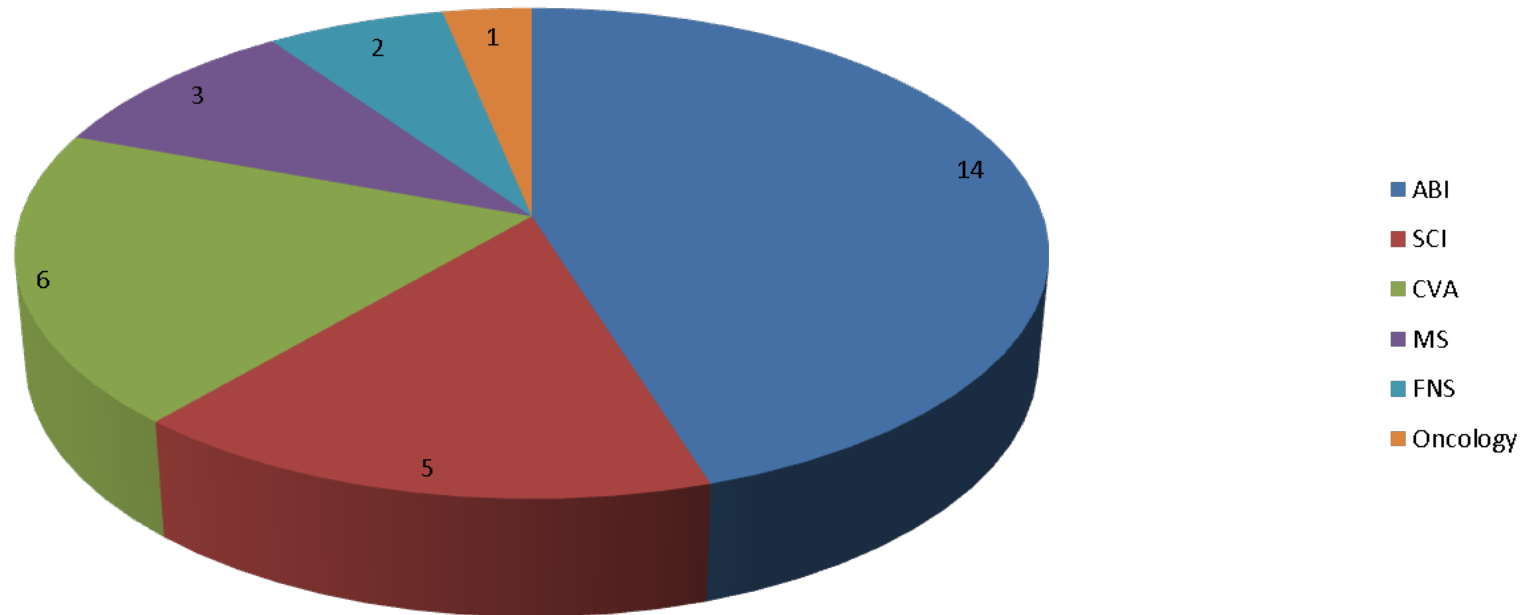
- Ringfencing of funding for stroke
- Individuals with TBI on non-specialist wards
- Complex needs staying in hospital longer
- Tightening financial envelope & pressure on inpatient beds
- Greater relevance of therapy at home
- Ease of involving family
- Improved integration with third sector services
- Increased generalisation of therapy gains at home
- Importance of initial 6 months post injury
- Decreased transition from team to team

Specialist Neurological 'Outreach' Service

- 3 year trial, started April 2016
- 4 'virtual beds', 70+ individuals
- Specialist senior therapy team across three boroughs
- OT, SLT, PT, Psychology & RAs
- Up to 12 weeks
- Goal focussed therapy
- Able to deliver daily sessions in every discipline
- Inreach to inpatient hospitals
- Transitional therapy/discharge

SNROS Referrals by Diagnosis

2017 - 2018



SNROS - Cross Sector Working

Inreach

- Provision of MDT assessment and/or inreach therapy visits prior to admission
- Quarterly feedback to Major Trauma on patient outcomes and learning points

Bridges

- Self management approach across CNRU and CLCH and as part of CNRU / SNROS Quality Improvement process

Stroke Association

- Established relationship with H & F Stroke co-ordinator
- Stroke peer support project & communication group (CLCH Project)

Spinal Injuries Association

- Relationship with link workers and volunteer
- Joint working with SNROS clients for education and symptom management

Headway (Brain Injury Charity)

- Relationship with Link Worker at Imperial & West London support Groups
- CLCH H&F CNRT Team Lead is also facilitating West London Headway Group

MS Society

- Relationship with borough based support groups
- Joint working groups across Acute, CNRU and CNRT

Patient Benefits

Specialist care closer to home

- Effective Interventions
- Improved access to rehabilitation
- Measurable improvements
- Reductions in avoidable complications

Improved patient experience

- Personalised care
- Fewer delays
- Improved access with step-up/step-down
- Better coordination and transition of care

Holistic Approach

- Focus on empowering /self management strategies
- Neuro-navigators and third sector
- Care closer to home or AT home

Feedback

- **Patients:** *'I've always felt in control, always felt confident in the therapists.'* (Bill, 2017)
- *'Being in familiar surroundings and with my family helped me get back to normal quickly'*. (Helen, 2017)
- **Referrers:** *'We have been able to refer people to SNROS directly from the trauma ward, avoiding an inpatient admission altogether'*.

alexandrahenson@nhs.net

07748 626 128